



MIDLAND COMMUNITY CENTER

2205 JEFFERSON AVE
MIDLAND, MICHIGAN 48640

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AGREEMENT FOR USE OF ROCK CLIMBING EQUIPMENT & RELEASE OF LIABILITY

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip Code _____ Phone _____

Emergency Contact _____ Phone _____

PLEASE READ: The form is intended to remind leaders and participants of the seriousness of attempting climbing activities with an old or pre-existing injury, heart condition or other condition which might be aggravated by the event. This information will remain valid for one year. This document and information will remain confidential.

- | | | | |
|----|--|-----|----------|
| 1. | Any pre-existing injuries (ankle, knee, neck, etc.) that might be aggravated by participating? | YES | NO |
| 2. | Taking any current medications? | YES | NO |
| 3. | Any heart problems? | YES | NO |
| 4. | Do you have high blood pressure? | YES | NO |
| 5. | Do you have allergies? (food, bees, insects, medications, etc.) | YES | NO |
| 6. | Do you have any physical limitations? | YES | NO |
| 7. | You current level of activity at home? | LOW | MED HIGH |

If you answered YES to any of these questions above please discuss with the climbing staff.

In addition to please include any information that you feel is relevant:

PLEASE READ: I am aware that participating in rock climbing and artificial wall climbing carries certain risks. I choose to participate in this activity with full knowledge of the dangers involved, and hereby agree to accept full responsibility for my own safety. The Center shall not be liable for any damages arising from personal injuries I sustain in, on, or about the premises of the Center. I fully release and discharge the Center, its affiliated entities, its employees, its contractors and its agents from any and all claim, demands, damages, causes of action, present or future, whether they be known, anticipated, or unanticipated, that may result from or arise out of my use or intended use of the climbing facilities and/or equipment. Further, I agree that any equipment that I use on the premises or borrow or rent from the Center during any climbing or other activity, I use at my own risk. The Center shall not be liable for any loss, damage or injury resulting from my use of the equipment. The Center makes no warranties regarding said equipment. The terms of this Agreement shall also bind my family members, heirs, personal representatives, and trustees. I understand that this is a binding contract that supersedes any other agreement or representations. If I wish to cancel this contract, I must notify the Center in writing, and any such cancellation shall only be prospective. I give my permission to the Midland Community Center to take photographs and use them for Midland Community Center publications and advertising. Please read policies and rules on reverse side before signing.

I am legally competent to read and sign this release.

Participant Signature: _____ Date: _____

If Participant is under 18 years of age, participant's parent or legal guardian must sign, assuming all of the obligations, responsibilities, and liabilities otherwise assumed by participant.

Parent/Guardian Signature: _____ Date: _____



Midland Community Center's Rock Climbing Wall Policies and Rules:

1. All prospective climbers please check in and pay climbing fees at welcome center.
2. Participants climbing during open climb must provide their own belayer. Staff is responsible for teaching participants how to belay and maintaining the safety of the climbing wall.
3. Participants must pay belay lesson fee at the front desk and present their receipt to the climbing staff in order to learn how to belay and belay in the gym.
4. Anyone 18 years of age or younger must have their waiver signed by a parent or guardian.
5. Participants 15 years of age and younger are not allowed to climb with out a parent or designated guardian present.
6. Participants 15 years of age and younger are not allowed to belay.
7. For your own safety, all climbers shall pass a safety check and complete a waiver prior to using the wall.
8. Bare foot climbing is prohibited.
9. Parents assume responsibility of their children's actions while in the climbing wall.
10. Our climbing wall is drug free and alcohol free.
11. Participants will be asked to leave if there are under the influence of drugs or alcohol.
12. The staff has the right to revoke climbing privileges if climbers use poor judgement.
13. The staff is not responsible for lost or stolen items.
14. Absolutely no instruction is allowed in the climbing wall except from the climbing staff.
15. While bouldering (climbing without a belayer or harness) participants must keep their feet below the red line.
16. Only approved equipment can be used in the climbing wall. If participants bring their own equipment and it is not up to standard they must use the climbing wall's equipment.
17. All participants must tie directly into their harness with a rewoven figure eight knot.
18. All participants are encouraged to warm up and stretch before climbing to reduce the risk of injury.
19. All belayers must be standing within four feet of the climbing wall.
20. If belaying with a figure-eight device, climbers must use it as a belay device – not as a rappel device
21. All belayers must attach their harness to a designated ground anchor as a back up only.
22. Munter Hitches are not allowed for belaying.
23. Climbers must use harnesses only – No Swami Belts allowed.
24. Immediately report any accidents or injuries to the climbing staff.
25. Landing zones of all climbs must be clear of clutter. Personal belongings should be kept in designated areas.
26. Loud and offensive behavior such as shouting and swearing will not be tolerated.
27. While wearing an MCC harness, wet clothing is not allowed.
28. Disregard of these rules or unsafe actions can result in immediate loss of climbing privileges.